



Pilates Mat Classes *in College Hill*

Mondays at 6:30 p.m. at College Hill Yoga

College Hill Pilates and Physical Therapy LLC offers group Pilates mat classes on most Monday evenings from 6:30 to 7:30 p.m. Classes are held at College Hill Yoga, located at 5838 Hamilton Avenue, and are led by Mindy Nagel, a Doctor of Physical Therapy and board-certified Clinical Orthopedic Specialist with a background in ballet, jazz and modern dance. Check out our website at collegehillpilatespt.com for details and class dates.



College Hill
Pilates & Physical Therapy

(513) 445-WELL (9355)
collegehillpilatespt.com

FIRST CLASS FREE

ALL LEVELS
WELCOME

5- AND 10-CLASS
CARDS AVAILABLE

JOIN US!

Location:

College Hill Yoga
5838 Hamilton Ave.
Cincinnati, OH 45224

Parking:

Free parking in lot
behind building

2019 Prices:

\$15 per class
\$60 for 5 classes
\$100 for 10 classes